

Choosing the right keyboard platform makes good ergonomic sense

BUYING GUIDE Keyboard Platforms

- Reduce repetitive stress
- Maintain proper posture
- Ensure comfort

Head, neck and shoulders are positioned forward and upright (not bent or turned)

Shoulders and arms are roughly perpendicular to the floor; elbows are held close to the sides

Keep hands and wrists in a straight line with forearms (not bent up or down)

Adjustable keyboard tray and chair allow ample clearance between thighs and keyboard tray



1. KEYBOARD PLATFORM TYPES How do you work?

A Sit/Stand Keyboard Tray

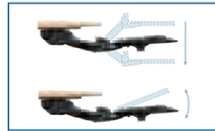
You work both sitting and standing



Longer arm allows keyboard to adjust above desktop for standing or sitting use.

B Articulating and Adjustable Keyboard Tray

You need the maximum range of adjustments for optimal ergonomics



Full range of adjustments: height, tilt and swivel.

Height Adjustment Options:

- **Lever-Free/Lift and Lock** - Tilt tray to adjust, then release to lock in height
- **Lever** - Use lever to adjust tray height
- **Knob** - Loosen knob, set tray height, then retighten knob

C Desktop Edge Keyboard Manager

You need maximum knee clearance with no tools required for installation



Full range in height and tilt adjustment.

D Sliding Keyboard Drawer

Ergonomic adjustability is not a concern



Minimal adjustment in height and tilt.

Drawer Types:

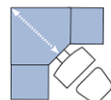
- Under Desk
- Desktop

2. WORKSTATION TYPE Where do you work?

The icons below appear beneath the product photography throughout this section to help you identify the best fit for the shape of your workstation.



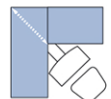
21" or more Curved Corner Workstations



21" or more Corner Workstations



17"-23" Standard-Depth Workstations



21" or more 90 Degree Angle Workstations

3. PLATFORM FEATURES What will help you work?



Wrist Rest



Platform Size



Adjustable Mouse Platform